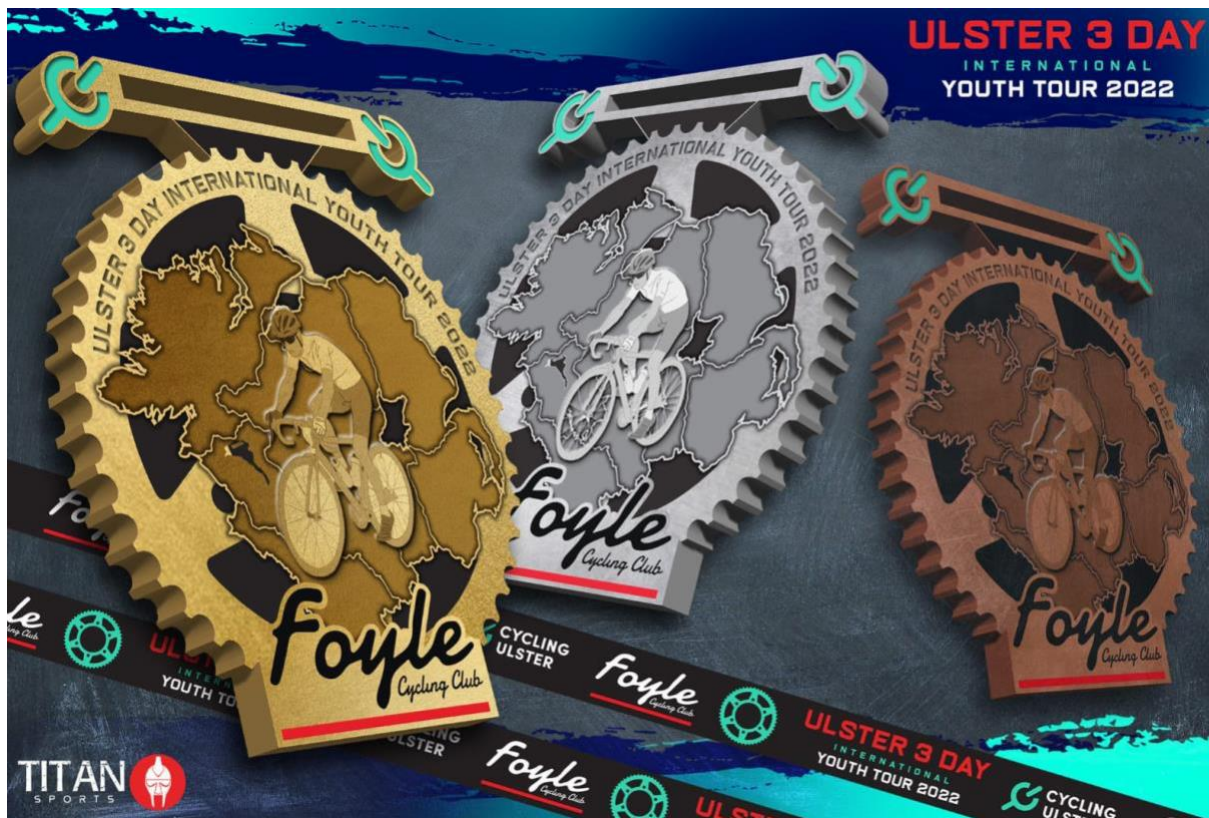


Ulster 3 Day International Youth Tour

Safe-guarding Policy



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Safe-guarding Policy

Foyle Cycling Club Safeguarding Statement.

Foyle Cycling Club is committed to safeguarding the well-being of all its members. Every member of the club deserves to be treated, at all times, with respect and dignity. Equally, all members should show respect and understanding for other members' rights, safety and welfare. They should conduct themselves in a way that reflects the principles of the organisation and guidelines contained in this Code and the Code of Ethics and Good Practice for Children's Sport as issued jointly by the Irish Sports Council and the Sport Northern Ireland.

Foyle Cycling Club's first priority is the welfare of young and vulnerable people. We are committed to providing an environment which allows members to participate to the best of their ability in a fun and safe environment that is free from bullying and intimidation. We shall take all practicable steps to protect our members from any form of abuse, harm, discrimination or degrading treatment and shall respect their rights, wishes and feelings. FCC strives to create an environment that is safe and has the welfare of participants at the forefront. FCC recognises that it has a duty of care, to protect all young and vulnerable people and to safeguard their welfare, irrespective of age, disability, gender, racial origin, religious belief and sexual identity.

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Club Safeguarding Officer

Mrs Elizabeth Quigley

The role of the CSO is to ensure that the welfare of young/vulnerable people is upheld within Foyle Cycling club and that these populations are safeguarded from any risks that may arise through their involvement with cycling.

The CSO should also act as a listening ear for any child or vulnerable person who has concerns about something that is happening to them in other settings like school or the family home. It is important that the CSO also acts as an advocate for young/vulnerable people in ensuring that these populations have a voice in the running of their club. The CSO must be attentive in using their ears and eyes to listen to, and look out for, any concerns that the young or vulnerable riders may have. Ultimately, the CSO should seek to prevent any risk of harm to young and vulnerable riders and promote a safe, fun and inclusive environment for young/vulnerable riders within their club. In Foyle Cycling Club, the club CSO also acts as the club Designated Liaison Person. The role of the Designated Liaison Person is to raise any concerns regarding the welfare of young or vulnerable people to the relevant statutory authorities.

E Quigley has participated in the following courses.

Northern Ireland:

- **Safeguarding Children and Young People in Sport**
- **Designated Safeguarding Children's Officer training.**

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Code of Behaviour for Young/Vulnerable Cyclists

Young/vulnerable people deserve to be given enjoyable, safe sporting opportunities, free of abuse of any kind. These participants have rights, which must be respected, and responsibilities that they must accept. Young/vulnerable people should be encouraged to realise that they have responsibilities to treat other participants and cycling leaders with fairness and respect.

Young/Vulnerable Cyclists ARE ENTITLED TO:

- Be safe and to feel safe;
- Be listened to;
- Be believed;
- Be treated with dignity, sensitivity and respect;
- Have a voice in the club / organisation;
- Participate on an equal basis;
- Have fun and enjoy sport;
- Experience competition at a level at which they feel comfortable;
- Make complaints and have them dealt with;
- Get help against bullying behaviours;
- Say No;
- Protect their own bodies;
- Confidentiality

Young/Vulnerable Cyclists should always:

- Treat cycling leaders with respect e.g. commissaires, marshals, coaches, managers, selectors, club officials, mentors, youth leaders etc.;
- Cycle fairly at all times;
- Respect team members even when things go wrong;
- Respect opponents and be gracious in defeat;
- Abide by the rules set down by Team Managers, Club Officials when travelling to events;
- Behave in a manner that avoids bringing cycling into disrepute;
- Abide by Cycling Ireland's Anti-Doping policies and regulations at all times
- Talk to a Safeguarding Officer if they have any concerns;

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- Obey the rules of the road.

Young /Vulnerable cyclists should NEVER:

- Cheat;
- Use violence or physical contact;
- Consume alcohol or other banned substances;
- Shout or argue with officials, team mates, opponents, commissaires, marshals etc.;
- Harm team members, opponents or their property;
- Display bullying behaviours to isolate another cyclist;
- Use unfair or bullying tactics to gain advantage;
- Keep secrets, especially if they have been caused harm;
- Tell lies or spread rumours about adults or other young people;
- Play or train if they feel unwell or are injured.

Code of Behaviour for Parents

Foyle Cycling Club believes that parents have an important role in their child's enjoyment of cycling activities and their continued development and involvement in cycling.

Be a role model for their children and maintain the highest standards of conduct when interacting with children, other parents, officials and event organisers;

- Always behave responsibly and not seek to unfairly affect the outcome of an event;
- Never intentionally expose any young participant to embarrassment or disparagement by the use of flippant or sarcastic remarks;
- Always recognise the value and importance of the volunteers who provide sporting/recreational opportunities for children. Do not publicly question the judgment or honesty of commissaires, coaches or organisers;
- Encourage their children to compete by the rules of cycling and understand that honest endeavour is as important as winning;
- Encourage good sportsmanship;
- Set a good example by applauding good performances even by rival competitors. Encourage mutual respect for teammates and opponents;
- Support all efforts to remove abusive behaviour and bullying.

Parents should encourage mutual respect for teammates, opponents, officials and other parents at all times.

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Guidelines on use of Photographic and Filming Equipment

Foyle cycling Club will request permission from young riders and their parents for photography and filming. This will be done as part of the registration process. This will be done in the form of explicit written parental consent. If young riders or parents do not wish to have their photo, or their child's photo recorded, this should be respected as far as possible.

The following guidelines will be followed

- If the rider is named, avoid using their photograph - unless parental permission is obtained;
- If a photograph is used, avoid naming the rider;
- If you are aware a child within your club / organisation is under a court order or is in care of TUSLA/social services, their image must not be placed in the public domain without the permission of the statutory agency;
- Only use images of riders in suitable dress to reduce the risk of inappropriate use. The content of the photograph should focus on the activity not on a particular child;
- If a rider or their parent is not comfortable with a certain image being published, this should be respected. If an image is published and a rider or parent asks for it to be removed, this should be respected as far as possible.
- Create recognised procedures for reporting the use of inappropriate images to reduce the risks to riders. Follow the safeguarding procedures and ensure that the Club Safeguarding Officer is informed. The Club Safeguarding Officer may need to raise this concern to the police or to an appropriate duty social worker. If an individual who is engaged in filming/photography presents an immediate danger, please report to your local Garda/ police Station.
- At this race young cyclists are presented with an award or achieve recognition and these events are photographed. Prior parental permission should be sought to name these individuals in media or website reports