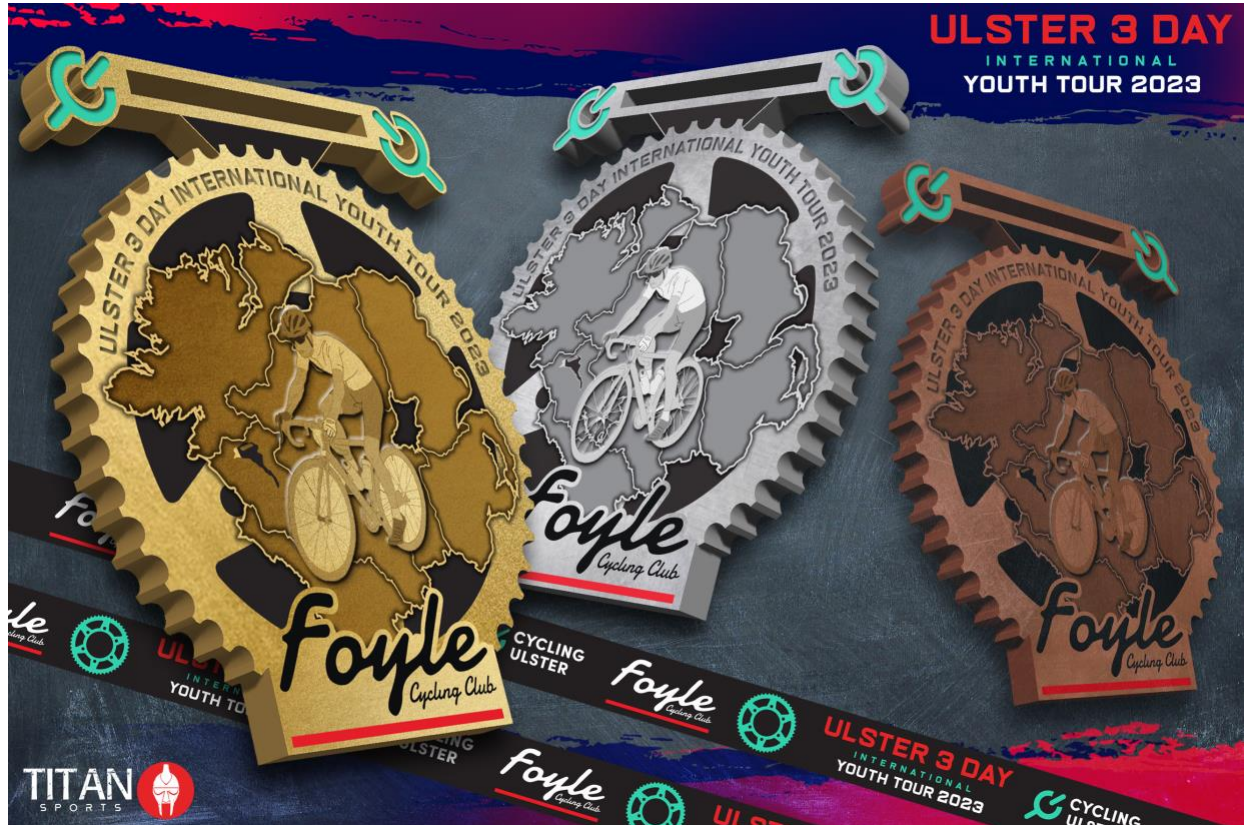


[www.ulster3dayinternationalyouthtour.com](http://www.ulster3dayinternationalyouthtour.com)



## Ulster 3 Day International Youth Tour 2023

# RACE MANUAL

**Hosting Club: Foyle Cycling Club, Derry City.**

Dates: 29<sup>st</sup> July 2023

30<sup>th</sup> July 2023

31<sup>st</sup> July 2023

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## INTRODUCTION

Foyle Cycling Club are privileged to be hosting the **Ulster 3 Day International Youth Tour 2023**.

The **Ulster 3 Day International Youth Tour** will take place over the weekend **29<sup>th</sup>, 30<sup>th</sup> and 31<sup>st</sup> of July 2023** Foyle Cycling Club have agreed to host the event again this year in order to keep this long established and highly organised popular youth event alive and keep promoting cycling amongst the youth. The inaugural event in 2022 was a huge success which was enjoyed by over 150 young riders from Ireland and the UK.

The event this year will again see young cyclists both boys and girls U12, U14 and U16 compete, not just from Ireland but attracting riders from the UK. These competitors will compete for the polka dot, stage and yellow jerseys. Stage one will be a time trial followed by three road stage races across the three days.

With the assurance of continued help, expertise and financial support from the governing bodies of Cycling Ireland, Cycling Ulster and local businesses, Foyle Cycling Club are delighted to host this event. We would like to thank Cycling Ireland and Cycling Ulster and the local businesses for their support as well as the valuable input we have received from the Cycling Ireland Youth and Cycling Ulster Youth commissions, their continuous input is extensive and commitment invaluable.

The focus of the **Ulster 3 Day International Youth Tour** is to provide safe racing on different circuits of varying difficulty in Derry and Donegal. We want all the riders to enjoy a positive atmosphere and get the buzz of racing in what might be their first of many international races. So, we would ask as many clubs to come along, get involved and support us in any way you can and make this an enjoyable event for everyone. Remember Foyle Cycling Club are only one small part of the jigsaw; we are the hosting club but it is people who attend are the ultimate success of this event going forward. So please put this date in your diary, turn up to help and cheer on the future of Irish Cycling on Irish Roads.

**Foyle Cycling Club**

## KEY CONTACTS

<b>Chief Commissaire</b>	<i>Aaron Wallace</i>
<i>Driver</i>	<i>Niall Rafferty</i>
<b>Commissaire 2.</b>	<i>Jean Mc Ginley</i>
<i>Driver:</i>	<i>Sean Mc Nicholl</i>
<b>Commissaire 3</b>	<i>Martin Montague</i>
<i>Driver</i>	<i>Sean Hargan</i>
<b>Moto Commissaire</b>	<i>Paul Devenney</i>
<b>Chief Judge</b>	<i>Ian Barfoot</i>
<b>Timekeeper</b>	<i>Ian Barford</i>
<b>Results</b>	<i>Pat Megarity</i>
<b>Chip timing</b>	<i>Pat Megarity</i>
<b>Photo Finish</b>	<i>Loch</i>
<b>Mobile First Aid</b>	<i>Niamh Taylor</i>
<i>Driver:</i>	<i>Jennifer Mc Elhinney</i>
<b>Ambulance</b>	<i>Irish Red Cross</i>
<b>MC.</b>	<i>Mark Moroney</i>
<b><u>Event Team</u></b>	
<b>Event Director</b>	<i>Liz Quigley</i>
<b>WhatsApp Manager</b>	<i>Liz Quigley</i>
<b>Race Director</b>	<i>Christopher Mc Elhinney</i>
<b>Welfare Officer</b>	<i>Donna Maire</i>
<b>Race Secretary</b>	<i>Donna Maire</i>
<b>Social Media</b>	<i>Simon Dobbins</i>
<b>Media Manager</b>	<i>Donna Maire</i>
<b>Chief Marshall</b>	<i>Alan Mallett</i>
<b>Lead Car 1.</b>	<i>Alan Harkness</i>
<b>Lead car 2</b>	<i>Peter Mc Pharland</i>
<b>Neutral Service</b>	<i>Gerry Heverin</i>
<b>Broom Wagon</b>	<i>Ciaran O Hara</i>

# HEADQUARTERS

## STAGE ONE. [SAT MORNING]

### At the Start line

Campsie Industrial Estate,  
Mclean Road, Eglinton,  
Derry  
BT47 3XX

Start line Sign On 07:30 hrs

Time Trial Start 09:15hrs

## STAGE TWO. [SAT AFTERNOON]

### Start line

Campsie Industrial Estate,  
Mclean Road, Eglinton,  
Derry  
BT47 3XX

Girls Under 12 12:30 hrs

Under 14 12:50 hrs

Under 16 13:25 hrs

Boys Under 12 14:45 hrs

Under 14 15:05 hrs

Under 16 15:45hrs

## **STAGE THREE. [SUN MORNING]**

**Aileach Youth and Community Centre**

Ballyderowen, Burnfoot, Ireland.

<https://www.google.com/maps/dir/Aileach+Youth+and+Community+Centre+Ballyderowen,+Burnfoot,+Ireland//@55.0557343,-7.4703066,12z/data=!4m8!4m7!1m5!1m1!1s0x485fe37d4fff9c87:0xcde53cbc368e3851!2m2!1d-7.3999789!2d55.0555908!1m0>

**Girls Under 12 09:00 hrs**

**Under 14 09:20 hrs**

**Under 16 09:55 hrs**

**Boys Under 12 12:00 hrs**

**Under 14 12:20 hrs**

**Under 16 12:55 hrs**

## **STAGE FOUR [MON MORNING]**

**Killea Football club**

Legnaduff, Killea, Co. Donegal, F93 AC99, Ireland

<https://www.google.com/maps/d/viewer?mid=1gZdwN7kTL0IgVgzi270mUHqHDqE&hl=en&ll=54.97952457516071%2C-7.402716756400782&z=16>

**Girls Under 12 09:00 hrs**

**Please be at your start area at 08:45**

**<https://maps.app.goo.gl/qJXfCcRGrfpCNQD26> UNDER 12'S ONLY START LOCATION**

**Under 14 09:20 hrs START AT KILLEA FOOTBALL CLUB**

**Under 16 09:20 hrs START AT KILLEA FOOTBALL CLUB**

**Boys Under 12 11:00 hrs**

**please be at your start area at 10:45 <https://maps.app.goo.gl/qJXfCcRGrfpCNQD26> UNDER 12'S ONLY START LOCATION**

**Under 14 11:20 hrs START AT KILLEA FOOTBALL CLUB**

**Under 16 11:20 hrs START AT KILLEA FOOTBALL CLUB**

## Duty of Care

‘Any person (16 years or over) who has care and control of a child has a responsibility to do what is reasonable in all circumstances to safeguard the child’s health, development and welfare

### Emergency Contact Details

All Team Managers and support staff travelling with the Team must have emergency contact details copies for each rider.

### Code of Conduct

All Team Managers and support staff should explain to each rider what is acceptable and unacceptable behaviour. Team Managers are responsible for their riders throughout the duration of the event.

### Good Practice for Managers/Coaches/Officials

All Team Managers and support staff are in a position of trust over their riders and must act professionally at all times. If any action you take that could be deemed to be unprofessional and inappropriate, then do not take that course of action. **Inappropriate behaviour or conduct will be investigated** and reported to the appropriate governing body and/or statutory service.



## MEDIA & COMMUNICATION

Please be aware that there will be media present throughout this event. Some riders may be asked for interviews, this will be managed by the Media Manager and not directly with the riders. If any rider does not want to be part of any media or photo coverage, please notify the Media Manager by emailing [race@foylecycling.net](mailto:race@foylecycling.net). **ANY MEDIA PERSONS MUST NOT PUBLISH OR INTERVIEW ANY CHILDREN WITHOUT PRIOR PERMISSIONS FROM RACE MEDIA MANAGER AND PARENTS.**

Facebook: foylecyclingclub

Instagram: Foylecyclingclub

## ACCOMMODATION

Accommodation for officials will be at ***IONA BED AND BREAKFAST, Spencer Rd, Derry City. BT47 6AA*** and the preferred accommodation for riders will be ***DRUMMOND HOTEL Ballykelly, Co Derry. BT49 9HS***

For various options for accommodation during your trip to Derry please visit [www.visitderry.com](http://www.visitderry.com)

### **Hotel's**

Drummond Hotel	028 7772 2121
Premier Inn Derry	0333 321 9303
Holiday Inn Derry	028 7116 2400
The Belfray Inn	028 7130 1480
The James Suites	078 1581 7445

### **B & B's**

Rose Park	028 71285962
Abbey B&B	028 71271156
Chamberlain House	079 89825690
Serendipity House	02871264229
Arkle House	028 71271156

## CLOTHING

Participants should bring sufficient clothing for four stages of racing and it should be comfortable, warm clothing for between stages and should be prepared for all types of weather.

All members of the team must wear racing jerseys of the region or team they are representing on every stage no exceptions. Riders must wear Classification jerseys where awarded. Rider numbers MUST be visible at all times even when it's raining No number or No chip will result in No time.

## LOST PROPERTY

If you find any lost property, please take it to the event stage HQ, Media Tent or hand it to a member of race staff at the event. If someone tells you that they have lost something, please direct them to the event HQ where they can enquire further.

## NO SMOKING

Please be respectful and refrain from smoking in the vicinity of the children and remember all buildings Foyle Cycling Club have use off have a strict NO SMOKING policy, this includes NO VAPING.

## RACE INFORMATION

Once you have arrived in the city, please send a WhatsApp message to Liz Quigley 0044 7967 601896 advising your team has arrived. Any riders arriving on Friday evening there will be a provision to get your team registered and **All members of the team, including Team Managers** are required to present themselves at the time of registration. All licences will be kept at event HQ's (**IONA BED AND BREAKFAST**) for the duration of the event and it will be returned to the owners on the return of their timing transponder. **Any competitor failing to return a timing transponder to Foyle Cycling Club within seven days of the close of the event will be charged £75 for the replacement of the transponder. ALL TRANSPONDERS MUST BE RETURNED TO THE HEADQUARTERS (KILLEA FOOTBALL CLUB) AT END OF THE RACE WHERE YOUR LICENCE WILL BE RETURNED.**

## REGISTRATION

Registration of Teams and solo riders can only be done through EVENTMASTER, the link will be advertised on Foyle Facebook page and Cycling Ulster pages.

Event URL

**Cycling Ireland Licence holders:** <https://eventmaster.ie/event/xqM6fPyS91>

**Foreign Licence holders:** <https://eventmaster.ie/event/JvPmupvHRk>

At registration you will receive a registration pack which will contain 2 non-returnable back numbers as shown in the diagram, numbers must not be cut or altered in anyway and both numbers must be worn for all stages, riders will receive Safety Pins, Transponder, cable ties and a bike frame number.



During the race, numbers must be clearly visible at all times. Where a number cannot be seen the rider concerned may not be placed in KOH, Points, final sprints or the final classification. Your transponder needs to be attached to your bike (lower part of one of the fork legs; see figure) in order to give results. No transponder, No result!

## RIDER ELIGIBILITY

The race is open to Under 12, Under 14, Under 16, Boys and Girls this will be determined by their year of birth and will have a specific underage category in each race, catering for under 11, under 13, under 15. **PLEASE BEWARE NO RIDER UNDER 10 YEARS WILL BE ACCEPTED TO RIDE THIS IS AGAINST CYCLING IRELAND LAW**

Teams. entries to the event will consist of a minimum of 3 riders and a maximum of 5 riders, combined times count in each stage.

## GEAR RESTRICTION/GEAR CHECKS

As detailed in Cycling Ireland Technical Regulations, all riders in the event will be subject to Youth gear restrictions. Riders must present their bicycle for gear check as per the event specific regulations. It is the responsibility of the riders and Team Managers to ensure that each rider's bicycle meets the criteria for the gear restriction of their age category. A location will be identified at the Race HQ for managers/riders for check gears. All riders will be required to have their gears checked prior to the TT, as per the event timetable. The 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> rider in each category with up to ten riders, at random, will be required to have their gears checked immediately after each stage. Any rider found to be over geared needs to show he received a wheel from neutral service or they will be penalised by same time as last rider plus 10 minutes. The location for gear checks will be at the finish line. The information will be shared with Team Managers via the WhatsApp group chat.

YOUTH COMPETITION			
	16/15	14/13	12/11
GEAR	6.94m	6.67m	6.27m

\*It is recommended that the gear rollouts as indicated above should be obtained as follows,

6.94m = 16 sprocket x 52 chain wheel

6.67m = 16 sprocket x 50 chain wheel

6.27m = 17 sprocket x 50 chain wheel

Notwithstanding the above, riders selected onto a Cycling Ireland Youth Squad must comply with the minimum sprocket and maximum chain wheel sizes as indicated above.

## TECHNICAL RULES

This event will be held in accordance with the Cycling Ireland Technical Regulations <https://www.cyclingireland.ie/downloads/Rules2023E30.2G.pdf> and also in accordance with the event specific regulations of the Ulster 3 Day International Youth Tour (available within this document).

## RADIO COMMUNICATION

Race communication will be via radio on the 'Cycling Ireland' frequency. Radios can be hired from the Race organisers at a cost of £10 each. Clubs are responsible for the safe return of all equipment.

The transmission of radio messages is reserved to the Commissaires, and the race organisation. Team managers are forbidden to transmit, unless their advice is asked for, or the matter is important and urgent

## COMPETITIONS

There are six categories of competition and full details on this can be found within the Event Specific Regulations.

## PRESENTATION CEREMONIES

All riders and support staff are required to attend the presentation ceremony of each stage. Riders must arrive at the presentation ceremony in their Club/Team jersey that is listed on the start sheet. Helmets, protective eye wear, head bands, caps etc. must be removed before the ceremony.

## MARSHALS

All volunteers and race marshals will receive a Volunteer Manual ahead of the event and must attend briefings as noted within, where they will be briefed by the Chief Marshal and Volunteer Manager. Relevant event safety equipment and lunch packs will be issued at this time.

Static marshals will indicate the route to be taken by competitors and race vehicles at junctions. They may also warn riders of particular hazards by waving a flag and using a whistle.

## DRIVERS

All drivers forming part of the race convoy, including motorcyclists and race staff must attend the Driver's Meeting where they will be briefed by the Chief Commissaire and Race Director. Drivers must drive in a mannerly fashion at all times and be aware of riders.

Where relevant, driver lunch packs will be issued.

All convoys will be formed at Stage HQ as detailed in the event timetable.

## TEAM MANAGERS

All Team Managers must attend Team Manager meetings, where they will be briefed by the Race Director and Chief Commissaire. Details of times and locations of these meetings are included in the event timings section. Team managers require a National Federation Licence.

Team managers please be aware on the first day we have a very tight schedule and will make arrangements for the collection of riders numbers and timing chips where possible the previous day.

Team managers should make contact to **Event Director/Liz Quigley** immediately on arrival in Derry where we can make arrangements for race packs to be collected or delivered where possible.

## OFFICIAL'S ENCLOSURE

The official's enclosure will be situated at the finish line. No Team Managers or riders may enter the enclosure at any time, unless requested to do so by the Chief Commissaire or Chief Judge.

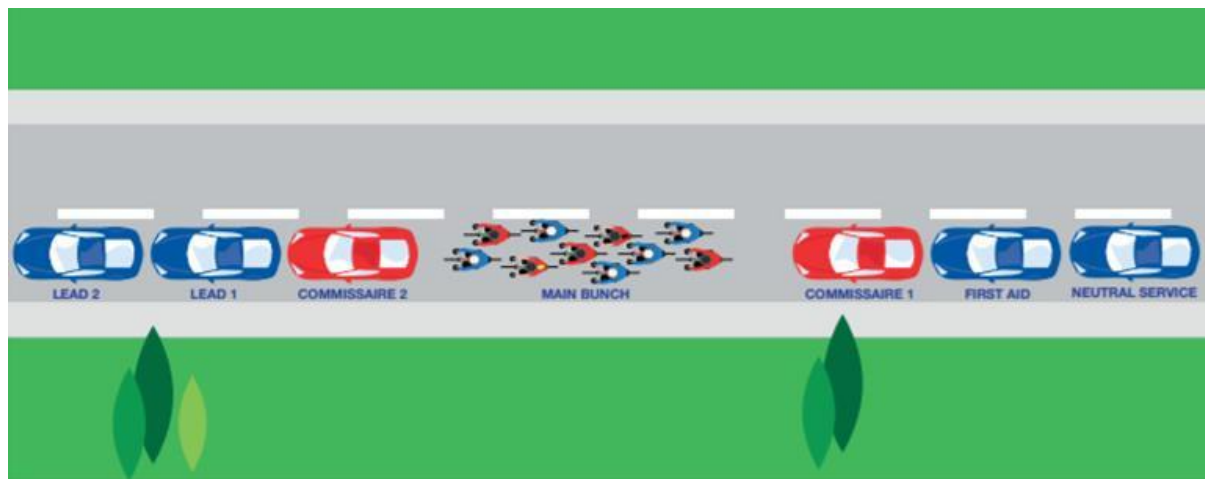
## DISPUTES

All disputes must be put in writing within 20 mins of race finish with £40 and given to the Chief Commissaire if your dispute is upheld by Chief Judge and Race Organiser the £40 will be refunded.

## RACE CONVOY

This event includes road racing and therefore a full convoy of vehicles will be in operation. This may be the first time many of the riders have competed in an environment like this and Team Managers are expected to brief their riders on protocol and etiquette for racing within a bunch in a road race environment.

Riders should move to the left to allow convoy vehicles to pass when necessary.



## CONVOY CONDUCT

The conduct of all race convoy drivers will be monitored and controlled by Race Director and the Commissaire. You must drive responsibly and within the law, and always follow the instructions of the Commissaires. Remember we will **NEVER** hesitate to Remove any driver for erratic behaviour. Safety of the riders is paramount.

## MEDICAL SERVICES

Irish Red Cross Ambulance will provide the medical services for the duration of the event along with a first aid car. The medical team vehicle will travel in the race convoy, as directed by the Chief Commissaire. A static first aid station will be positioned next to the finish area of each stage.

## MOTO MARSHALLS

Motorcyclists will be present to assist with the safety of the event. They will provide assistance with marshalling and direction during the races. All riders must follow any safety instruction provided. Please be aware some of these moto marshals will also be comms.

## NEUTRAL SERVICE

The neutral service vehicles will provide basic mechanical support to riders during the course of the event. Service vehicles will travel in the race convoy under the direction of the Commissaire. **All servicing must take place on the left-hand side of the road.**

The service teams will require support from teams to provide spare wheels to be used for neutral service. Spare wheels for servicing should be provided at the time of sign-on for that stage and should be collected from neutral service on return at event finish line. **Spare wheels must be returned in the condition in which they were provided.**

**All teams should provide one front and one rear wheel for service. All rear wheels must comply with youth gear restrictions.**

## TEAM VEHICLES

All Team vehicles may only take part in Stage 3 and Stage 4 all team vehicles will be expected to show sportsmanship and service any rider needing help.



## EVENT TIMETABLE

### STAGE ONE.

**VENUE: Campsie Industrial Estate,**  
McClean Road, Eglinton,  
**Derry**  
**BT47 3XX**

**CHECK-IN:** opens @07:30 hrs

### STAGE ONE: Time Trial start 09:15

Riders will start at one-minute intervals starting Under 16,14,12. girls then Under 16,14,12, boys, your start time will be advised beforehand by a Mangers WhatsApp Group and race website. **Please be on time**, Times will be taken from the riders listed start time until the rider passes the finish line.

### STAGE TWO. Route is the same as Stage One

#### Road Races start after Time Trial, as soon as reasonably possible.

Under 12 Girls. 12:30hrs

Under 14 Girls. 12:50hrs

Under 16 Girls. 13:25hrs

Under 12 Boys. 14:45 hrs

Under 14 Boys. 15:05hrs

Under 16 Boys. 15:45hrs

### STAGE THREE:

**Check-In opens 07:30 hrs @ Aileach Youth and Community Centre. Burnfoot, Co Donegal.**

Road Race starts: 09:00 hrs

Under 12 Girls. 09:00 hrs

Under 14 Girls. 09:20 hrs

Under 16 Girls. 09:55 hrs

Under 12 Boys. 12.00 hrs

Under 14 Boys. 12.20 hrs

Under 16 Boys. 12.55 hrs

Finish 14:30 hrs

### STAGE FOUR:

**Check-In opens @ 07:30 @ Killea Football Club. Killea, Co Donegal.**

Under 12 Girls 09:00hrs **SIGN ON THEN GO DIRECTLY TO YOUR START FOR 08:45**  
**<https://maps.app.goo.gl/qJXfCcRGrfpCNQD26> UNDER 12'S START LOCATION**

Under 14 Girls 09:20 hrs

Under 16 Girls 09:20 hrs

Under 12 Boys 11:00 hrs **SIGN ON THEN GO DIRECTLY TO YOUR START FOR 10:45**  
**<https://maps.app.goo.gl/qJXfCcRGrfpCNQD26> UNDER 12'S START LOCATION**

Under 14 Boys 11:20hrs

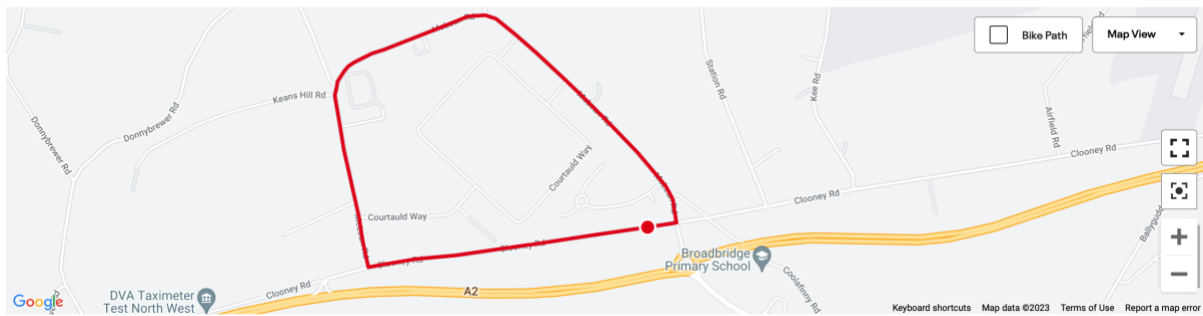
Under 16 Boys 11:20 hrs

Finished 14:00 hrs

# ROUTE MAPS

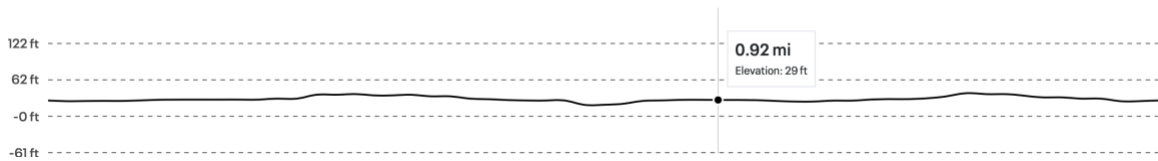
**STAGE ONE:** <https://www.mapmyride.com/routes/view/4855744174>

Ulster 3 Day Stage 1.... Time Trial



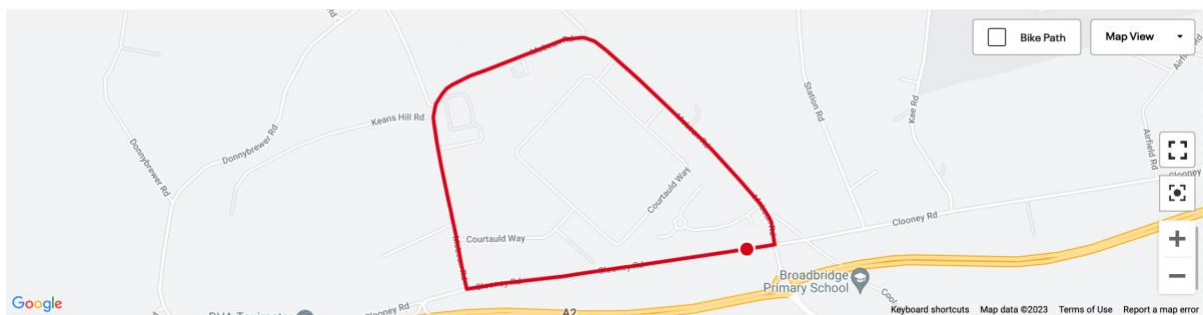
Elevation

Start	Max	Gain
28 ft	40 ft	23 ft



**STAGE TWO:** <https://www.mapmyride.com/routes/view/4855751674>

Ulster 3 Day.... Stage 2 Road Race



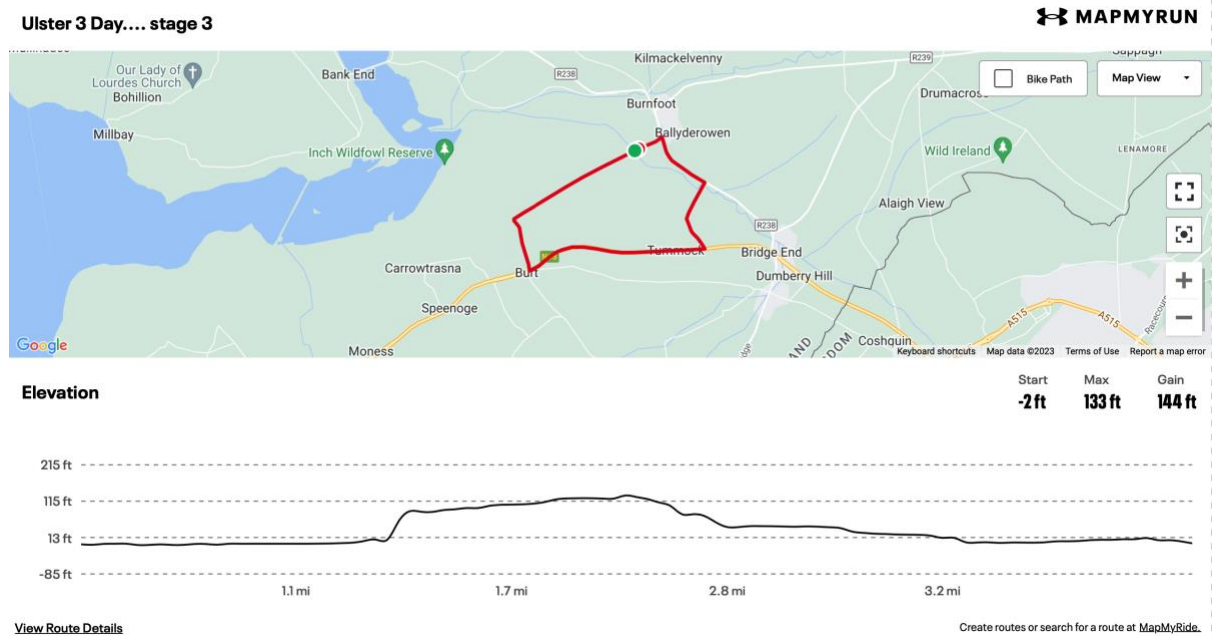
Elevation

Start	Max	Gain
28 ft	40 ft	23 ft



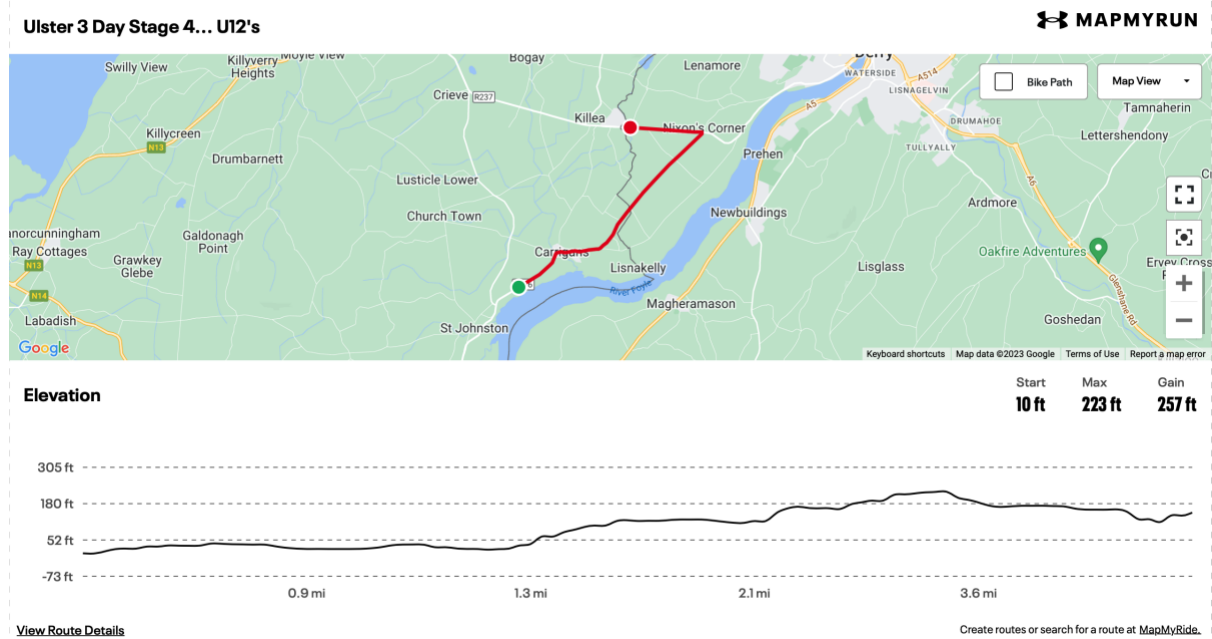
**STAGE THREE:**

<https://www.mapmyride.com/routes/view/4855731997>

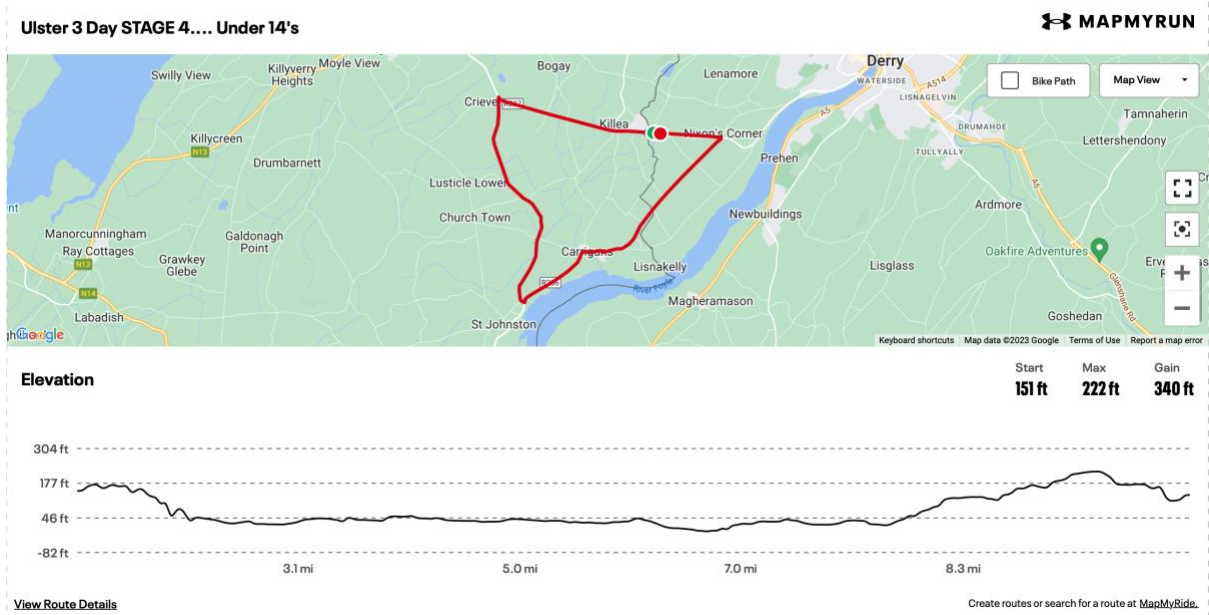


**STAGE FOUR:** <https://maps.app.goo.gl/qJXfCcRGrpCNQD26> **UNDER 12'S START LOCATION**

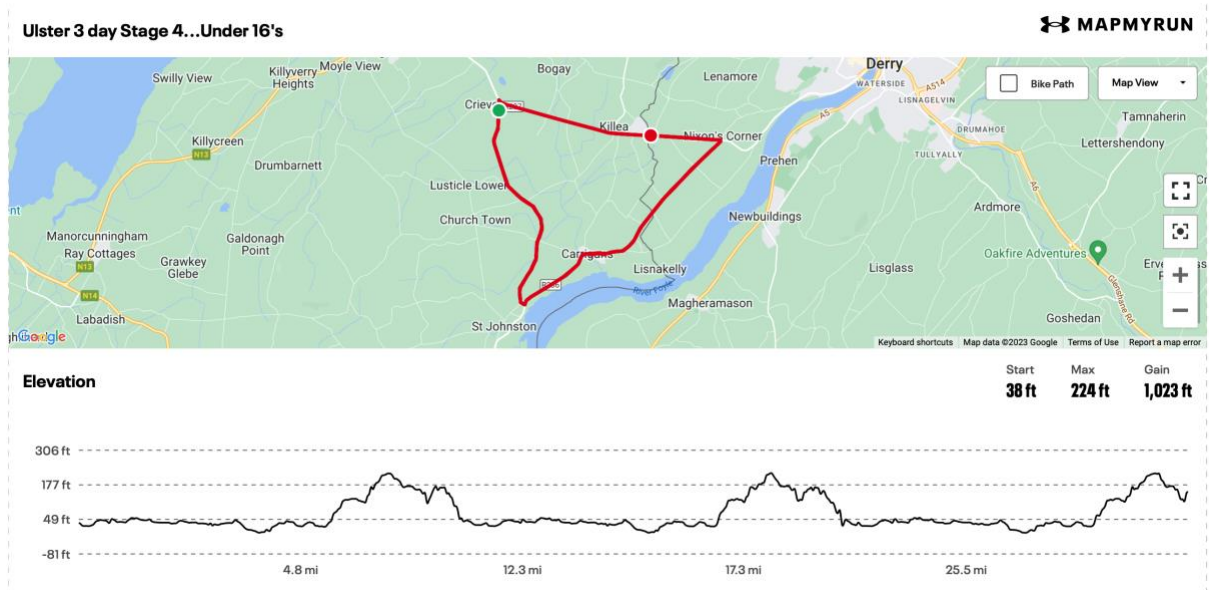
**STAGE 4, UNDER 12's.** <https://www.mapmyride.com/routes/view/4855785298>



STAGE 4, UNDER 14's. <https://www.mapmyride.com/routes/view/4855773961>



STAGE 4, UNDER 16's. <https://www.mapmyride.com/routes/view/4855760851>



## SPECIFIC REGULATIONS

1. All riders must Check-In for each stage no later than 30 minutes before the start of their stage. Please refer to event timetable for times and locations of Check-In for all stages.
2. All riders must wear their team kit and all frame numbers back numbers and transponders **MUST** be fitted to their bikes.
3. For the Time Trial on Stage One, **ALL** riders must present themselves at Bike Check area located near the start area 15 mins prior to their individual start times to have their gears checked. Team managers should be prepared to make gear adjustments if necessary. Team Managers ensure all their riders have their transponders correctly fitted to their riders' bikes for **ALL** stages
4. After the finish of all stages the first three riders and others at random maybe required to have their gears checked. The location for gear checks after races will be next to the finish line all Team Managers should be aware where the gear check area is located, A rider list for gear checks will be sent through the team managers WhatsApp group chat. It is the responsibility of the rider to report to the designated location and of the Team Manager to check this list and ensure their attendance. Non-attendance may carry a penalty.
5. Each rider must use THEIR NORMAL ROAD BIKE FOR THE TIME TRIAL Wheels cannot exceed 60mm deep section and No Aero bars or aero helmets allowed.
6. Team managers are required to attend a Team Manager's Meeting as specified in the event timetable before Stage 1.
7. The event will be run on **OPEN** roads and there will be other road users on the roads so riders must ride with due care and attention at all times. Riders cycling to the stages on open roads do so at their own risk and must follow all applicable road traffic laws.
8. The event will be six separate events:
  - a. Under 12 Girls incorporating young riders under 11
  - b. Under 14 Girls incorporating young riders under 13
  - c. Under 16 Girls incorporating young riders under 15
  - d. Under 12 Boys incorporating young riders under 11
  - e. Under 14 Boys incorporating young riders under 13
  - f. Under 16 Boys incorporating young riders under 15
9. Team classification will be based on the cumulative times of the best three (3) riders from the team to count towards the Team Prize.
10. A start list will be published prior to each stage.
11. The event will consist of 4 individual stages over 3 days
12. Any rider who starts but fails to finish a stage due to a bona fide reason e.g., crash, mechanical incident etc will be given a time equal to the slowest rider in that stage plus a penalty of 10 minutes. However, in stages 2,3, and 4 a rider suffering in an incident, as previously described, in the last kilo will be given the time of the group they were in when the incident occurred and the place crossing the line

## STAGE ONE:

Stage 1. will consist of 2.9km TT.

Start times will be advised on [ulster3dayinternationalyouthtour.com](http://ulster3dayinternationalyouthtour.com) website and sent out by WhatsApp group. Aero equipment is **NOT** permitted, standard helmets **MUST** be worn and time trial handlebars are **NOT** permitted. Wheels must not exceed 60mm deep section Riders will start on their exact listed time as previously advised by a generated start list and the clock will start if a rider is late, his/her time will run from his/her start time. Riders should report to the start line 15 mins before their start time, **ALL** bikes will be subject to Gear Checks. A Gear Check area facility will be available from first thing in the morning of stage one if any manager wishes to check their bikes gears to allow time for adjustment. This is separate from all bikes being checked immediately prior to their start.

### Order will be as follows:

- A. Under 16 Girls
- B. Under 14 Girls
- C. Under 12 Girls
- D. Presentation for winners on the finish podium (Winner, Second, Third, Young Rider)
- E. Under 16 Boys
- F. Under 14 Boys
- G. Under 12 Boys
- H. Presentation for winners on the finish podium (Winner, Second, Third, Young Rider)

## STAGE TWO:

Stage 2 will consist of a road race on the same circuit as the 2.9 km TT. This circuit is normally a high intensity race. Points and bonus seconds can be gained as per appendix 2.

### Race Schedule will be in the following order: -

- A. Under 12 Girls race 3 laps = 8,7 km**
- B.** All leading riders must be at start area 5 minutes early for photos (Pink Jersey, Young rider)
- C. Under 14 Girls race 7 laps = 20.3 km**
- D.** All leading riders must be at start area 5 minutes early for photos (Pink Jersey Young rider)
- E. Under 16 Girls race 16 laps =46.4 km**
- F.** All leading riders must be at start 5 minutes early for photos (Pink, Young rider)
- G.** Presentation for winners on the finish podium, (Winner, Second, Third, Points rider, Pink jersey and lead young rider) present themselves for presentation 15 mins after their stage finish
- H.** 10-minute break
- I. Under 12 Boys race 3 laps = 8,7 km**
- J.** All leading riders must be at start 5 minutes early for photos (Yellow Jersey, Lead young rider)
- K. Under 14 Boys race 7 laps = 20.3 km**
- L.** All leading riders must be at start 5 minutes early for photos (Yellow Jersey, Lead young rider)
- M. Under 16 Boys race 16 laps =46.4 km**
- N.** All leading riders must be at start 5 minutes early for photos (Yellow Jersey, Lead young rider)
- O.** Presentation for winners on the finish podium (First, second, third, yellow jersey Points leader and lead young rider) present themselves for presentation 15 mins after their stage fin
- P.** Points as per appendix 2.

All jersey winners will be notified by WhatsApp Managers group



### STAGE THREE:

Stage 3 will consist of a road race on a 6.6km circuit and will also include the challenge for the QOH/KOH Jersey; this jersey will be won with an accumulation of points on the hills, as per appendix 1.

#### Race Schedule will be in the following order: -

- A. Under 12 Girls race 1 laps = 6.6 km**
- B.** All leading riders must be at start area 5 minutes early for photos (Pink Jersey, Young rider)
- C. Under 14 Girls race 3 laps = 19.8 km**
- D.** All leading riders must be at start area 5 minutes early for photos (Pink Jersey, Points Jersey, Young rider)
- E. Under 16 Girls race 7 laps =46.2 km**
- F.** All leading riders must be at start 5 minutes early for photos (Pink, Young rider)
- G.** Presentation for winners at the finish podium, (Winner, Second, Third, Pink jersey, Points Jersey, leading young rider and QOH) present themselves for presentation 15 mins after their stage finish
- H.** 10-minute break
- I. Under 12 Boys race 1 laps = 6.6 km**
- J.** All leading riders must be at start 5 minutes early for photos (Yellow Jersey, Points Jersey, Leading young rider)
- K. Under 14 Boys race 3 laps = 19.8 km**
- L.** All leading riders must be at start 5 minutes early for photos (Yellow Jersey, Points Jersey, Leading young rider)
- M. Under 16 Boys race 7 laps =46.2 km**
- N.** All leading riders must be at start 5 minutes early for photos (Yellow Jersey, Points Jersey, Leading young rider)
- O.** Presentation for winners at the finish podium (First, second, third, yellow jersey, Points Jersey, lead young rider and KOH) present themselves for presentation 15 mins after their stage finish.
- P.** Mountain and Points instruction's as PER ATTACHED APPENDIX 1 & 2

All jerseys winners shall be notified by WhatsApp Managers group

**STAGE FOUR:**

Stage 4 will consist of a road race on an 18.4km circuit and will also include a KOH/QOH points and primes as per appendix 4.

**Race Schedule will be in the following order: -**

- A. Under 12 Girls race - 7.8km**
- B.** All leading riders must be at start area 5 minutes early for photos (Pink Jersey, Points Jersey, QOH Jersey, Young rider)
- C. Under 14 Girls race 1 lap = 18.4 km**
- D.** All leading riders must be at start 5 minutes early for photos (Pink Jersey, Points Jersey, QOH Jersey, Young rider)
- E. Under 16 Girls race 2.5laps = 44.6km**
- F.** All leading riders must be at start 5 minutes early for photos (Pink Jersey, Points Jersey, QOH Jersey, Young rider)
- G.** 10-minute break
- H. Under 12 Boys race - 7.8km**
- I.** All leading riders must be at start 5 minutes early for photos (Yellow Jersey, Points Jersey, KOH Jersey Lead young rider)
- J. Under 14 Boys race 1 lap = 18.4km**
- K.** All leading riders must be at start 5 minutes early for photos (Yellow Jersey, Points Jersey, KOH Jersey Lead young rider)
- L. Under 16 Boys race 2.5 laps =44.6km**
- M.** All leading riders must be at start 5 minutes early for photos (Yellow Jersey, Points Jersey, KOH Jersey, Lead young rider)
- N. PRIMES PLACED ON FINISH LINE**
- O. MANAGERS, PLEASE NOTE POSITIONS OF WHERE PRIME'S ARE PLACED ON STAGE 4.**
- P. PRESENTATION FOR ALL WINNERS IN KILLEA FC**
- Q.** Stage Winner's, 2<sup>nd</sup> and 3<sup>rd</sup>
- R.** GC Winner's, 2<sup>nd</sup> and 3<sup>rd</sup>
- S.** Young Riders ,2<sup>nd</sup> and 3<sup>rd</sup>
- T.** Points Winners 2<sup>ND</sup> and 3<sup>RD</sup>.
- U.** . KOH/QOH Winner, 2<sup>nd</sup> and 3<sup>rd</sup>
- V.** Team Prizes (All Team riders)

All jerseys winners will be notified by WhatsApp Managers group and ALL riders should present themselves for the presentation at Killea Football Club Headquarters where some limited refreshments will be available.

## SPECIFIC REGULATIONS

13. Each race will be contested over the following 4 Classifications in order of priority:

1. **General Classification (GC)** based on cumulative time from each stage
2. **KOH/QOH** based on cumulative hill top sprints as per **appendix 1**
3. **Green Jersey** based on intermediate sprints on prime laps and points at the finish line as per **appendix 2**
4. **Team Classification (TC)** cumulative time based on a per registered team of maximum 5 riders where best 3 finishers time counts on each stage

14. The leader of each classification will be presented with a classification leader's jersey which must be worn during the following stage. Nearest competitor in that competition unless that rider is already a classification leader when it will pass to the next rider in that classification. The jerseys will be differentiated by colour, as follows:

1. GC: Yellow / Pink
2. KOH/QOH: Red Polka Dot/White
3. Points. Green
4. Young riders: white

15. **General classification** will be calculated using rider's cumulative times and including bonuses and penalties.

16. **Team classification** will be cumulative stage times taken from the best three riders of the team as defined in the rider's eligibility. No entered team rider may be replaced after the start of stage 1.

17. For each finish on stages 2, 3 and 4, there will be a time bonus for the first three riders across the line, as follows:

0. 1<sup>st</sup> place: 5 seconds
1. 2<sup>nd</sup> place: 3 seconds
2. 3<sup>rd</sup> place: 1 seconds

18. For each of the intermediate Points Classification sprints, there will be a time bonus for the first three riders across the line, as follows:

3. 1<sup>st</sup> place: 3 seconds
4. 2<sup>nd</sup> place: 2 seconds
5. 3<sup>rd</sup> place: 1 second

19. **KOH/QOH classification**, points are scored as per appendix 1.

appendix 1

QOH/KOH CLASSIFICATION UNDER 16					
POSITION	STAGE 3			STAGE 4	
	LAP 2	LAP 3	LAP 4	LAP 1	LAP 2
1st	5	5	5	5	5
2nd	4	4	4	4	4
3rd	3	3	3	3	3
4th	2	2	2	2	2
5th	1	1	1	1	1

QOH/KOH CLASSIFICATION UNDER 14			
POSITION	STAGE 3		STAGE 4
	LAP 1	LAP 2	LAP 1
1st	5	5	5
2nd	4	4	4
3rd	3	3	3
4th	2	2	2
5th	1	1	1

QOH/KOH UNDER 12		
POSITION	STAGE 3	STAGE 4
	LAP 1	LAP 1
1st	5	5
2nd	4	4
3rd	3	3
4th	2	2
5th	1	1

20.

**Points classification**, points are scored as per appendix 2. Please note Stage 4 only prime on Stage 4 will be at **FINISH LINE ON FIRST TIME OF PASSING.**

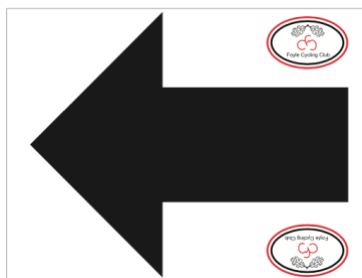
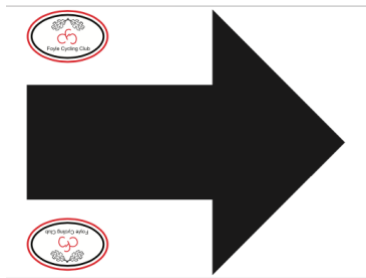
appendix 2

POINTS CLASSIFICATION Under 16								
POSITION	Stage 2			Stage 3			Stage 4	
	FINISH	LAP 7 PRIME	LAP 10 PRIME	FINISH	LAP 3 PRIME	LAP 4 PRIME	FINISH	ONLY PRIME
1st	10	3	3	10	3	3	10	3
2nd	9	2	2	9	2	2	9	2
3rd	8	1	1	8	1	1	8	1
4th	7			7			7	
5th	6			6			6	
6th	5			5			5	
7th	4			4			4	
8th	3			3			3	
9th	2			2			2	
10th	1			1			1	

POINTS CLASSIFICATION Under 14							
POSITION	STAGE 2			STAGE 3		STAGE 4	
	FINISH	LAP 3 PRIME	LAP 4 PRIME	FINISH	LAP 2 PRIME	FINISH	ONLY PRIME
1st	10	3	3	10	3	10	3
2nd	9	2	2	9	2	9	2
3rd	8	1	1	8	1	8	1
4th	7			7		7	
5th	6			6		6	
6th	5			5		5	
7th	4			4		4	
8th	3			3		3	
9th	2			2		2	
10th	1			1		1	

POINTS CLASSIFICATION Under 12						
POSITION	STAGE 2		STAGE 3		STAGE 4	
	FINISH	LAP 2	FINISH	NO PRIMES	FINISH	NO PRIMES
1st	10	3	10		10	
2nd	9	2	9		9	
3rd	8	1	8		8	
4th	7		7		7	
5th	6		6		6	
6th	5		5		5	
7th	4		4		4	
8th	3		3		3	
9th	2		2		2	
10th	1		1		1	

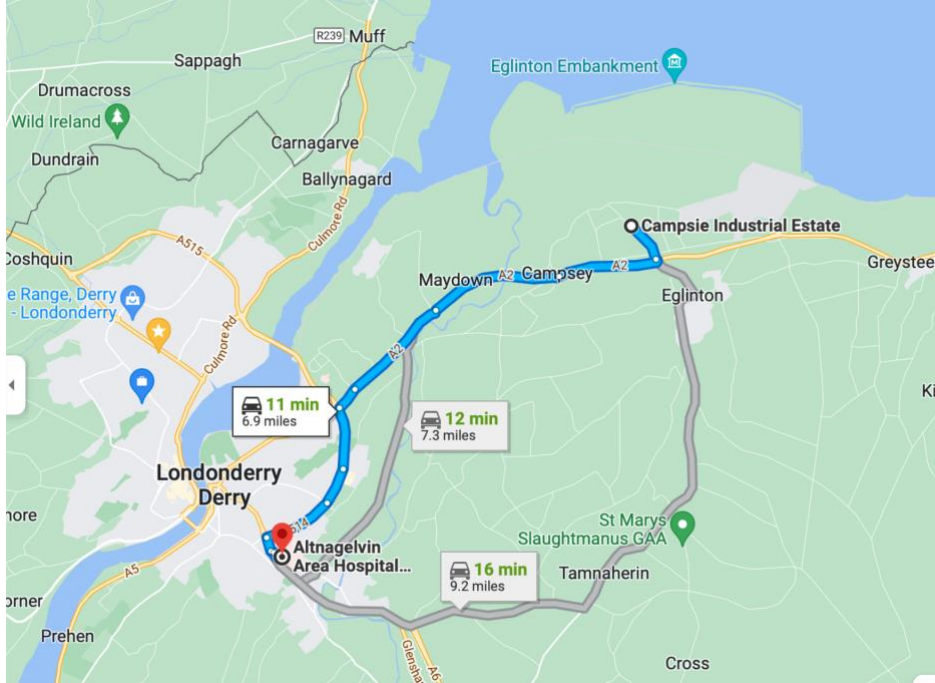
# SIGNAGE



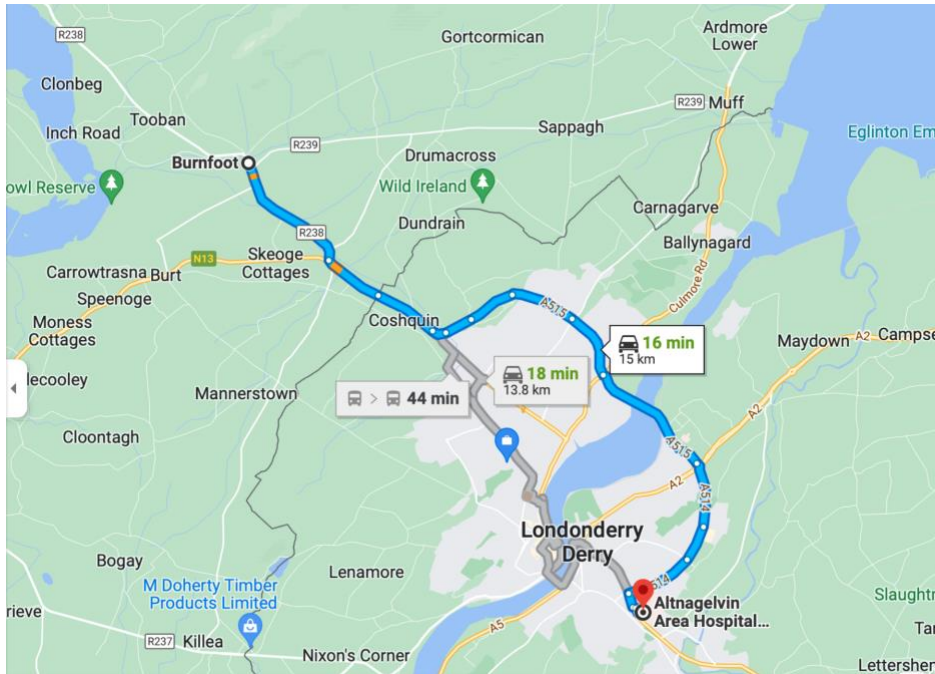
# HOSPITALS

## Altnagelvin Area Hospital, Glenshane Rd, Derry BT47 6SB

### Directions from STAGE 1 AND STAGE 2

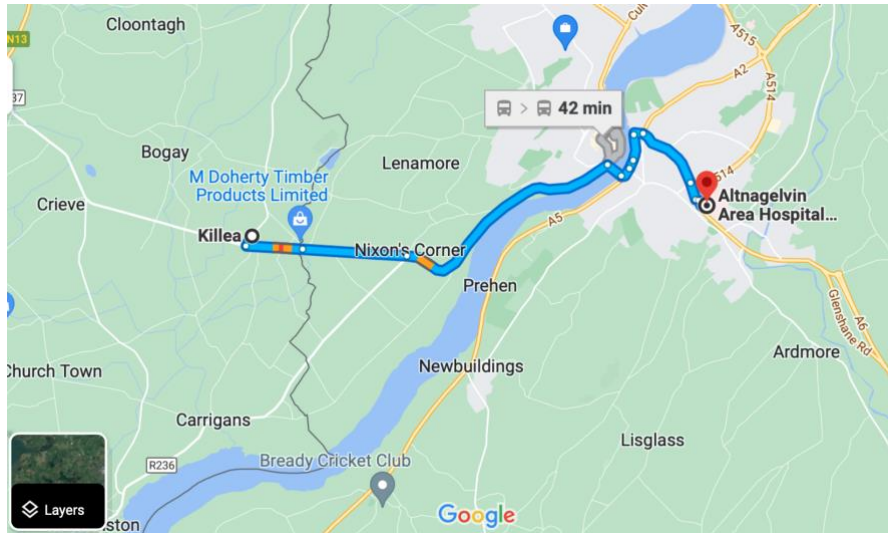


### Directions From STAGE 3



## Directions from STAGE 4.

Altnagelvin Area Hospital, Glenshane Rd, Derry BT47 6SB



## LETTERKENNEY HOSPITAL

**Address:** Kilmacrennan Rd, Ballyboe Glencar, Letterkenny, Co. Donegal, F92 AE81, Ireland

**Hours:**

**Open 24 hours**

**Phone:** [+353 74 912 5888](tel:+353749125888)

<https://maps.apple.com/?daddr=Letterkenny%20University%20Hospital,%20Letterkenny%20University%20Hospital,%20Kilmacrennan%20Road,%20Letterkenny,%20Co.%20Donegal,%20F92%20AE81,%20Ireland&dirflg=d&saddr=Killea,%20Killea,%20Co.%20Donegal,%20Ireland>



## SPONSORS

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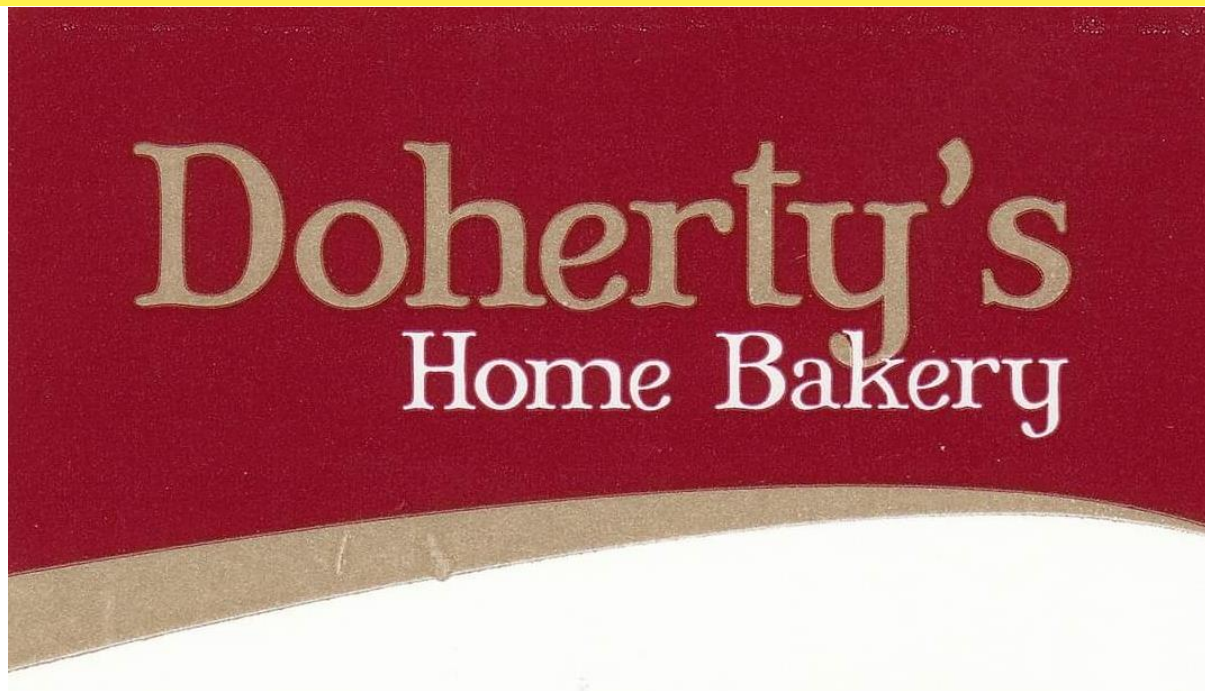






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## Under 12 Girl's

Rider Number	Last Name	First Name	Club Name	Nationality	
320	MC CRYSTAL	Eire	Bellurgan Wheelers	IE	
321	BAKER	Eva	Cycling Ulster	IE	
322	SPENCE	Skye	Cycling Ulster	GB	
323	O DONOVAN	Ciara	N/A	IE	
324	MURPHY	Daria	Orwell Wheelers	IE	young rider
325	CRINION	Laoise	Orwell Wheelers	IE	young rider
326	DICKSON	Adele	Team RL360 Isle of Man	IM	young rider
327	CLAYTON	Poppy	Team RL360 Isle of Man	IM	young rider
328	LINEHAN	Rose	Sliabh Luachra Cycling Club	IE	
329	FOLEY	Caoilfhionn	Sliabh Luachra Cycling Club	IE	
330	LARKIN	Lily	Sliabh Luachra Cycling Club	IE	young rider

## Under 14 Girl's

Rider Number	Last Name	First Name	Club Name	Nationality	
420	BYRNE	Naoise	Carlow Road Cycling Club	IE	young rider
421	HEVERIN	Emer	Cycling Ulster	IE	
422	FLAVIN	Ciara	Dungarvan Cycling Club	IE	young rider
423	QUIGLEY	Clodagh	Foyle Cycling Club	IE	young rider
424	CONDON	Jennifer	O'Leary Stone Kanturk	IE	young rider
425	HUELE	Ysabella	Orwell Wheelers	IE	
426	DENNEHY	Abaigh	Sliabh Luachra Cycling Club	IE	young rider
427	POSTLETHWAITE	Ciara	ESV Manchester	GB	
428	SCOTT	Lily-Ann	Team RL360 Isle of Man	IM	
429	CLAYTON	Abi	Team RL360 Isle of Man	IM	
430	PARK	Kasey	Goodson Race Team Scotland	GB	
431	LUCE	Ava	Goodson Race Team Scotland	GB	
432	SWEENEY	Lucy	Goodson Race Team Scotland	GB	young rider

## Under 16 Girl's

Rider Number	Last Name	First Name	Club Name	Nationality	
520	REILLY	Aine	Orwell Wheelers	IE	
521	ENGLISH	Sophie	Bohermeen Cycling Club	IE	
522	O DONOVAN	Aoife	N/A	IE	young rider
523	FLAVIN	Ami	Dungarvan Cycling Club	IE	young rider
524	DENNEHY-O SULLIVAN	Hannah	Sliabh Luachra Cycling Club	IE	young rider
525	GANNON	Aisha	Breffni Wheelers	IE	young rider

## Under 12 Boy's

Rider Number	Last Name	First Name	Club Name	Nationality	
60	SMITH	Cody	Banbridge Cycling Club	IE	
61	POSTLETHWAITE	Eamonn	ESV Manchester	GB	young rider
62	QUIGLEY	Daragh	Foyle Cycling Club	IE	young rider
63	BUCKLEY	Gavin	O'Leary Stone Kanturk	IE	
64	HANCE	William	Orwell Wheelers	IE	young rider
65	GOVAN	Jake	Orwell Wheelers	IE	young rider
66	BASS	Tommy	Team RL 360 Isle of Man	IM	young rider
67	MUNOZ-FITE	Bernat	Team RL 360 Isle of Man	IM	
68	BAILIE	Lewis	Tyneside Vagabonds	GB	young rider
69	MULLEN	James	Cycling Leinster	IE	
70	HUELE	Xander	Cycling Leinster	IE	
71	CUNNINGHAM	James	Cycling Leinster	IE	
72	BYRNE	Noah	Cycling Leinster	IE	
73	QUINN	Cases	Cycling Leinster	IE	young rider
74	HEVERIN	Sean	Cycling Ulster	IE	
75	DOHERTY	Kealan	Cycling Ulster	IE	
76	BAKER	Nathan	Cycling Ulster	IE	young rider
77	REAL	Ethan	Sliabh Luachra Cycling Club	IE	
78	DENNEHY-O SULLIVAN	Dan	Sliabh Luachra Cycling Club	IE	
79	DOODY	Thomas	Sliabh Luachra Cycling Club	IE	young rider
80	FINNEGAN	Dylan	Square Wheels CC	IE	

81	MILLAR	Olly	Square Wheels CC	IE	
82	MC GAHAN	Jack	Square Wheels CC	IE	young rider
83	MC COOL	Rory	Square Wheels CC	GB	

## Under 14 Boy's

Rider Number	Last Name	First Name	Club Name	Nationality	
240	MURPHY	Dylan	Comeragh Cycling Club	IE	young rider
241	MC COURT	Corran	V C Glendale	GB	young rider
242	DONNELLY	Rory	Dungarvan Cycling Club	IE	
243	O BRIEN	Shane	Fermoy Cycling Club	IE	
244	MACKEY	James	Foyle Cycling Club	IE	
245	KILLEEN	Daithi	Kilcullen Cycling Club Murphy Geospatial	IE	
246	COLLINS	Darragh	Newcastlewest cc	IE	young rider
247	LANE	Tom	O Leary Stone Kanturk	IE	young rider
248	CRINION	Fionn	Orwell Wheelers	IE	
249	LOGUE	James	PANDUIT Carrick Wheelers	IE	
250	MULHEARNE	Rory	PANDUIT Carrick Wheelers	IE	young rider
251	FINN	Noah	Spin the Bean Powered by Coffee	IE	
252	MC INTYRE	Ronan	Strabane Lifford Cycling Club	IE	
253	SEVASTOPULO	Oscar	Sundrive Track Team	IE	young rider
254	STEER	Arthur	Cycling Club Hackney	GB	young rider
255	MAYES	Hamish	Edinburgh Road Club	GB	
256	DICKSON	Reilly	Gold Coast Cycling Club	AU	young rider
257	CALLAN	Oran	Bohermeen Cycling Club	IE	young rider
258	ENNIS	Craig	Bohermeen Cycling Club	IE	young rider
259	ENGLISH	Cian	Bohermeen Cycling Club	IE	
260	ROCKETT	Jamie	Cycling Ulster	GB	
261	KYLE	Issac	Cycling Ulster	GB	young rider
262	HENRY	Austin	Cycling Ulster	IE	
263	MC CLUNE	Josh	Cycling Ulster	GB	young rider
264	MC GREEVY	Caleb	Cycling Ulster	IE	
265	DELANEY	Sean	Leinster Under 14 boys	IE	
266	MC CRYSTAL	Rian	Leinster Under 14 boys	IE	
267	WHELAN	Shane	Leinster Under 14 boys	IE	
268	MC DONALD	Niall	Leinster Under 14 boys	IE	
269	DAVIS	Eoin	Leinster Under 14 boys	IE	young rider
270	DENNEHY	Cianan	Sliabh Luachra Cycling Club	IE	

**ULSTER 3 DAY INTERNATIONAL YOUTH TOUR**
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271	MULVANEY	Kieran	Sliabh Luachra Cycling Club	IE	young rider
272	O SULLIVAN	Patrick	Sliabh Luachra Cycling Club	IE	young rider
273	JONES	Zach	Team RL 360 Isle of Man	IM	
274	HOUNSELL	Cameron	Team RL 360 Isle of Man	IM	
275	OSBORN	Hugh	Team RL 360 Isle of Man	IM	young rider
276	MINAY	Daniel	Team RL 360 Isle of Man	IM	young rider
277	HUTCHINSON	Thomas	Team RL 360 Isle of Man	IM	young rider
278	ROBERTS	Tahg	Kilcullen Cycling Club Murphy Geospatial	IM	

## Under 16 Boy's

Rider Number	Last Name	First Name	Club Name	Nationality	
140	SMITH	Riley	Banbridge Cycling Club	GB	young rider
141	OWENS	Cillian	Bohermeen Cycling Club	IE	
142	BYRNE	Jamie	Carlow Road Cycling Club	IE	
143	CLONEY	Cillian	Comeragh Cycling Club	IE	
144	BROWNE	Niall	Drogheda Wheelers	IE	
145	FITZGERALD	Maximilian	MUNSTER/DCC	IE	
146	COLLINS	Diarmuid	Newcastlewest cc	IE	young rider
147	QUINN	Davis	Orwell wheelers	IE	young rider
148	MULHEARNE	Hugh	PANDUIT Carrick Wheelers	IE	young rider
149	LARKIN	Cathal	Sliabh Luachra Cycling Club	IE	
150	BUCKLEY	Nicholas James	Sliabh Luachra Cycling Club	IE	young rider
151	FLYNN	Danny	Spin the bean	IE	young rider
152	MOORE	Ashton	Strabane Lifford Cycling Club	GB	
153	MURRAY	Luca	VC Glendale	IE	young rider
154	EASTON	Alasdair	Edinburgh RC	GB	
155	BRYNE	Darragh	Cycling Leinster	IE	young rider
156	SEVASTOPULO	George	Cycling Leinster	IE	young rider
157	WOODS	Jack	Cycling Leinster	IE	young rider
158	LAWLESS	Jack	Cycling Leinster	IE	
159	KILEEN	Fionn	Cycling Leinster	IE	young rider
160	ROCKETT	Karl	Cycling Ulster	GB	
161	CALDERWOOD	Alexander	Cycling Ulster	GB	young rider
162	MOLLOY	Mark	Cycling Ulster	IE	young rider
163	KELLY	Conor	Strabane Lifford Cycling Club	IE	
164	QUIGLEY	Peter	Foyle Cycling Club	IE	
165	COAKLEY	Ruairi	Foyle Cycling Club	IE	
166	HENRY	Cameron	Foyle Cycling Club	IE	

**ULSTER 3 DAY INTERNATIONAL YOUTH TOUR**
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167	<b>MC KEE</b>	Curtis	<b>Foyle Cycling Club</b>	IE	young rider
168	<b>LANE</b>	Dan	<b>O Leary Stone Kanturk</b>	IE	young rider
169	<b>SHEEHAN</b>	Colin	<b>O Leary Stone Kanturk</b>	IE	young rider
170	<b>COAKLEY</b>	Conor	<b>O'Leary Stone Kanturk</b>	IE	
171	<b>CONDON</b>	Rory	<b>O'Leary Stone Kanturk</b>	IE	
172	<b>WARD</b>	Adam	<b>VC Glendale</b>	IE	young rider
173	<b>SWEETMAN</b>	Toby	<b>VC Glendale</b>	IE	
174	<b>ARMSTRONG</b>	James	<b>VC Glendale</b>	IE	young rider
175	<b>KINRADE</b>	James	<b>Team RL360 Isle of Man</b>	IM	
176	<b>LUND</b>	Orry	<b>Team RL360 Isle of Man</b>	IM	
177	<b>CURPHEY</b>	William	<b>Team RL360 Isle of Man</b>	IM	
178	<b>HOWARD</b>	Cian	<b>Team RL360 Isle of Man</b>	IM	
179	<b>DUNWELL</b>	Dominic	<b>Team RL360 Isle of Man</b>	IM	
180	<b>KAVANAGH</b>	Brian	<b>Gorey CC</b>	IE	young rider

## TT START TIMES

**REMEMBER ITS YOUR RESPONSABILTY TO BE ON TIME WE DON'T SEARCH FOR YOU!!!  
PLEASE BE EARLY TO GO FOR YOUR GEAR CHECK IN CASE AJUSTMENTS ARE NEEDED!!**

NUMBER OFF	TT START TIME	Rider Number	Last Name	First Name	Club Name	
1	09:15	520	REILLY	Aine	Orwell Wheelers	
2	09:16	521	ENGLISH	Sophie	Bohermeen Cycling Club	
3	09:17	522	O DONOVAN	Aoife	N/A	young rider
4	09:18	523	FLAVIN	Ami	Dungarvan Cycling Club	young rider
5	09:19	524	DENNEHY-O SULLIVAN	Hannah	Sliabh Luachra Cycling Club	young rider
6	09:20	525	GANNON	Aisha	Breffni Wheelers	young rider
7	09:21	420	BYRNE	Naoise	Carlow Road Cycling Club	young rider
8	09:22	421	HEVERIN	Emer	Cycling Ulster	
9	09:23	422	FLAVIN	Ciara	Dungarvan Cycling Club	young rider
10	09:24	423	QUIGLEY	Clodagh	Foyle Cycling Club	young rider
11	09:25	424	CONDON	Jennifer	O'Leary Stone Kanturk	young rider
12	09:26	425	HUELE	Ysabella	Orwell Wheelers	
13	09:27	426	DENNEHY	Abaigh	Sliabh Luachra Cycling Club	young rider
14	09:28	427	POSTLETHWAITE	Ciara	ESV Manchester	
15	09:29	428	SCOTT	Lily-Ann	Team RL360 Isle of Man	
16	09:30	429	CLAYTON	Abi	Team RL360 Isle of Man	
17	09:31	430	PARK	Kasey	Goodson Race Team Scotland	
18	09:32	431	LUCE	Ava	Goodson Race Team Scotland	
19	09:33	432	SWEENEY	Lucy	Goodson Race Team Scotland	young rider
20	09:34	320	MC CRYSTAL	Eire	Bellurgan Wheelers	
21	09:35	321	BAKER	Eva	Cycling Ulster	
22	09:36	322	SPENCE	Skye	Cycling Ulster	
23	09:37	323	O DONOVAN	Ciara	N/A	
24	09:38	324	MURPHY	Daria	Orwell Wheelers	young rider
25	09:39	325	CRINION	Laoise	Orwell Wheelers	young rider
26	09:40	326	DICKSON	Adele	Team RL360 Isle of Man	
27	09:41	327	CLAYTON	Poppy	Team RL360 Isle of Man	young rider
28	09:42	328	LINEHAN	Rose	Sliabh Luachra Cycling Club	
29	09:43	329	FOLEY	Caoilfhionn	Sliabh Luachra Cycling Club	
30	09:44	330	LARKIN	Lily	Sliabh Luachra Cycling Club	young rider
31	09:45					
32	09:46					
33	09:47					
34	09:48					
35	09:49	140	SMITH	Riley	Banbridge Cycling Club	young rider

**ULSTER 3 DAY INTERNATIONAL YOUTH TOUR**
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36	09:50	141	OWENS	Cillian	Bohermeen Cycling Club	
37	09:51	142	BYRNE	Jamie	Carlow Road Cycling Club	
38	09:52	143	CLONEY	Cillian	Comeragh Cycling Club	
39	09:53	144	BROWNE	Niall	Drogheda Wheelers	
40	09:54	145	FITZGERALD	Maximilian	MUNSTER/DCC	
41	09:55	146	COLLINS	Diarmuid	Newcastlewest cc	young rider
42	09:56	147	QUINN	Davis	Orwell wheelers	young rider
43	09:57	148	MULHEARNE	Hugh	PANDUIT Carrick Wheelers	young rider
44	09:58	149	LARKIN	Cathal	Sliabh Luachra Cycling Club	
45	09:59	150	BUCKLEY	Nicholas James	Sliabh Luachra Cycling Club	young rider
46	10:00	151	FLYNN	Danny	Spin the bean	young rider
47	10:01	152	MOORE	Ashton	Strabane Lifford Cycling Club	
48	10:02	153	MURRAY	Luca	VC Glendale	young rider
49	10:03	154	EASTON	Alasdair	Edinburgh RC	
50	10:04	155	BRYNE	Darragh	Cycling Leinster	young rider
51	10:05	156	SEVASTOPULO	George	Cycling Leinster	young rider
52	10:06	157	WOODS	Jack	Cycling Leinster	young rider
53	10:07	158	LAWLESS	Jack	Cycling Leinster	
54	10:08	159	KILEEN	Fionn	Cycling Leinster	young rider
55	10:09	160	ROCKETT	Karl	Cycling Ulster	
56	10:10	161	CALDERWOOD	Alexander	Cycling Ulster	young rider
57	10:11	162	MOLLOY	Mark	Cycling Ulster	young rider
58	10:12	163	KELLY	Conor	Strabane Lifford Cycling Club	
59	10:13	164	QUIGLEY	Peter	Foyle Cycling Club	
60	10:14	165	COAKLEY	Ruairi	Foyle Cycling Club	
61	10:15	166	HENRY	Cameron	Foyle Cycling Club	
62	10:16	167	MC KEE	Curtis	Foyle Cycling Club	young rider
63	10:17	168	LANE	Dan	O Leary Stone Kanturk	young rider
64	10:18	169	SHEEHAN	Colin	O Leary Stone Kanturk	young rider
65	10:19	170	COAKLEY	Conor	O'Leary Stone Kanturk	
66	10:20	171	CONDON	Rory	O'Leary Stone Kanturk	
67	10:21	172	WARD	Adam	VC Glendale	young rider
68	10:22	173	SWEETMAN	Toby	VC Glendale	
69	10:23	174	ARMSTRONG	James	VC Glendale	young rider
70	10:24	175	KINRADE	James	Team RL360 Isle of Man	
71	10:25	176	LUND	Orry	Team RL360 Isle of Man	
72	10:26	177	CURPHEY	William	Team RL360 Isle of Man	
73	10:27	178	HOWARD	Cian	Team RL360 Isle of Man	
74	10:28	179	DUNWELL	Dominic	Team RL360 Isle of Man	
75	10:29	180	KAVANAGH	Brian	Gorey CC	young rider



**ULSTER 3 DAY INTERNATIONAL YOUTH TOUR**
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76	10:30	240	MURPHY	Dylan	Comeragh Cycling Club	young rider
77	10:31	241	MC COURT	Corran	V C Glendale	young rider
78	10:32	242	DONNELLY	Rory	Dungarvan Cycling Club	
79	10:33	243	O BRIEN	Shane	Fermoy Cycling Club	
80	10:34	244	MACKEY	James	Foyle Cycling Club	
81	10:35	245	KILLEEN	Daithi	Kilcullen Cycling Club Murphy Geospatial	
82	10:36	246	COLLINS	Darragh	Newcastlewest cc	young rider
83	10:37	247	LANE	Tom	O Leary Stone Kanturk	young rider
84	10:38	248	CRINION	Fionn	Orwell Wheelers	
85	10:39	249	LOGUE	James	PANDUIT Carrick Wheelers	
86	10:40	250	MULHEARNE	Rory	PANDUIT Carrick Wheelers	young rider
87	10:41	251	FINN	Noah	Spin the Bean Powered by Coffee	
88	10:42	252	MC INTYRE	Ronan	Strabane Lifford Cycling Club	
89	10:43	253	SEVASTOPULO	Oscar	Sundrive Track Team	young rider
90	10:44	254	STEER	Arthur	Cycling Club Hackney	young rider
91	10:45	255	MAYES	Hamish	Edinburgh Road Club	
92	10:46	256	DICKSON	Reilly	Gold Coast Cycling Club	young rider
93	10:47	257	CALLAN	Oran	Bohermeen Cycling Club	young rider
94	10:48	258	ENNIS	Craig	Bohermeen Cycling Club	young rider
95	10:49	259	ENGLISH	Cian	Bohermeen Cycling Club	
96	10:50	260	ROCKETT	Jamie	Cycling Ulster	
97	10:51	261	KYLE	Issac	Cycling Ulster	young rider
98	10:52	262	HENRY	Austin	Cycling Ulster	
99	10:53	263	MC CLUNE	Josh	Cycling Ulster	young rider
100	10:54	264	MC GREEVY	Caleb	Cycling Ulster	
101	10:55	265	DELANEY	Sean	Leinster Under 14 boys	
102	10:56	266	MC CRYSTAL	Rian	Leinster Under 14 boys	
103	10:57	267	WHELAN	Shane	Leinster Under 14 boys	
104	10:58	268	MC DONALD	Niall	Leinster Under 14 boys	
105	10:59	269	DAVIS	Eoin	Leinster Under 14 boys	young rider
106	11:00	270	DENNEHY	Cianan	Sliabh Luachra Cycling Club	
107	11:01	271	MULVANEY	Kieran	Sliabh Luachra Cycling Club	young rider
108	11:02	272	O SULLIVAN	Patrick	Sliabh Luachra Cycling Club	young rider
109	11:03	273	JONES	Zach	Team RL 360 Isle of Man	
110	11:04	274	HOUNSELL	Cameron	Team RL 360 Isle of Man	
111	11:05	275	OSBORN	Hugh	Team RL 360 Isle of Man	young rider
112	11:06	276	MINAY	Daniel	Team RL 360 Isle of Man	young rider
113	11:07	277	HUTCHINSON	Thomas	Team RL 360 Isle of Man	young rider
114	11:08	278	ROBERTS	Tadhg	Kilcullen Cycling Club Murphy Geospatial	

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115	11:09	60	SMITH	Cody	Banbridge Cycling Club	
116	11:10	61	POSTLETHWAITE	Eamonn	ESV Manchester	young rider
117	11:11	62	QUIGLEY	Daragh	Foyle Cycling Club	young rider
118	11:12	63	BUCKLEY	Gavin	O'Leary Stone Kanturk	
119	11:13	64	HANCE	William	Orwell Wheelers	young rider
120	11:14	65	GOVAN	Jake	Orwell Wheelers	young rider
121	11:15	66	BASS	Tommy	Team RL 360 Isle of Man	young rider
122	11:16	67	MUNOZ-FITE	Bernat	Team RL 360 Isle of Man	
123	11:17	68	BAILIE	Lewis	Tyneside Vagabonds	young rider
124	11:18	69	MULLEN	James	Cycling Leinster	
125	11:19	70	HUELE	Xander	Cycling Leinster	
126	11:20	71	CUNNINGHAM	James	Cycling Leinster	
127	11:21	72	BYRNE	Noah	Cycling Leinster	
128	11:22	73	QUINN	Cases	Cycling Leinster	young rider
129	11:23	74	HEVERIN	Sean	Cycling Ulster	
130	11:24	75	DOHERTY	Kealan	Cycling Ulster	
131	11:25	76	BAKER	Nathan	Cycling Ulster	young rider
132	11:26	77	REAL	Ethan	Sliabh Luachra Cycling Club	
133	11:27	78	DENNEHY-O SULLIVAN	Dan	Sliabh Luachra Cycling Club	
134	11:28	79	DOODY	Thomas	Sliabh Luachra Cycling Club	young rider
135	11:29	80	FINNEGAN	Dylan	Square Wheels CC	
136	11:30	81	MILLAR	Olly	Square Wheels CC	
137	11:31	82	MC GAHAN	Jack	Square Wheels CC	young rider
138	11:32	83	MC COOL	Rory	Square Wheels CC	